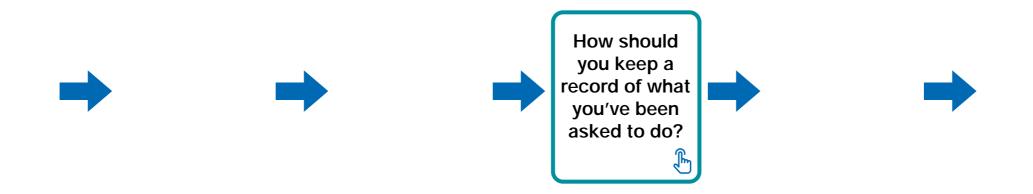
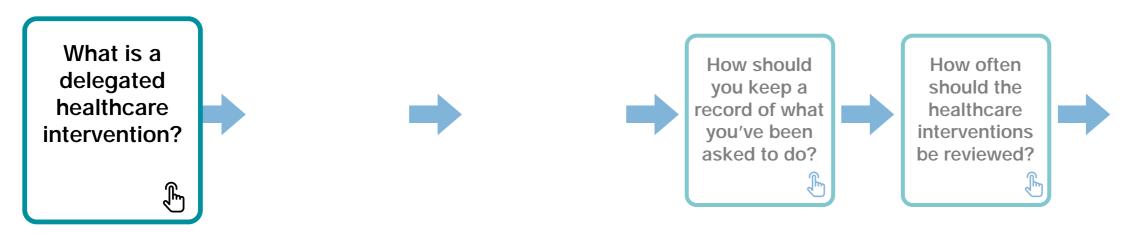
## Delegated healthcare interventions

guide for care workers





## What is a delegated healthcare intervention?

A delegated healthcare intervention is usually of a clinical nature that a registered healthcare professional delegates to a paid care worker following appropriate assessment, training and support.

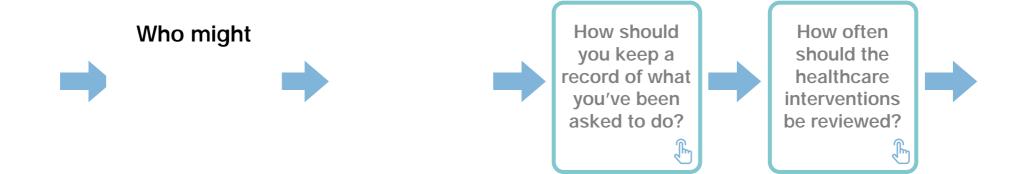
## Examples include:

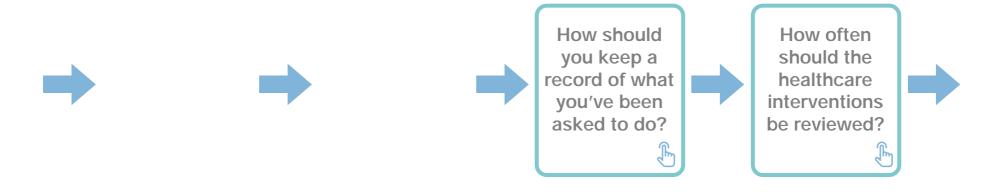
Supporting skin integrity and wound healing by changing dressings.

Supporting a person's nutrition using a PEG (Percutaneous endoscopic gastrostomy).

Supporting a person to manage their diabetes through insulin administration and monitoring.





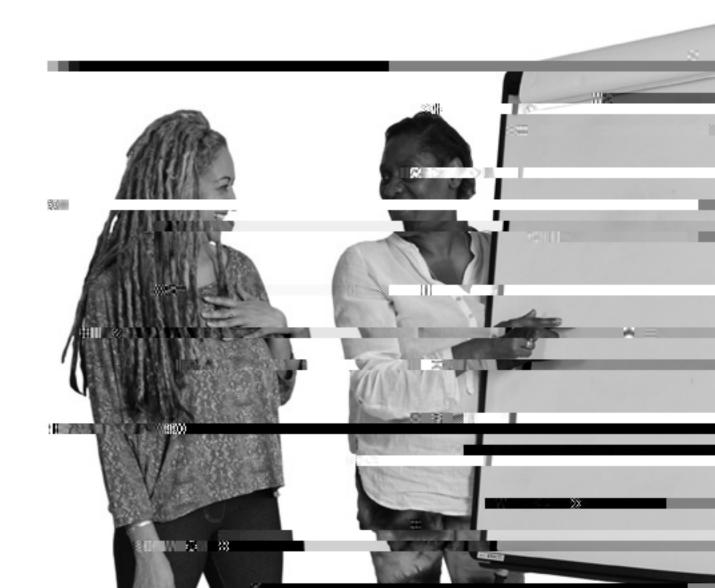


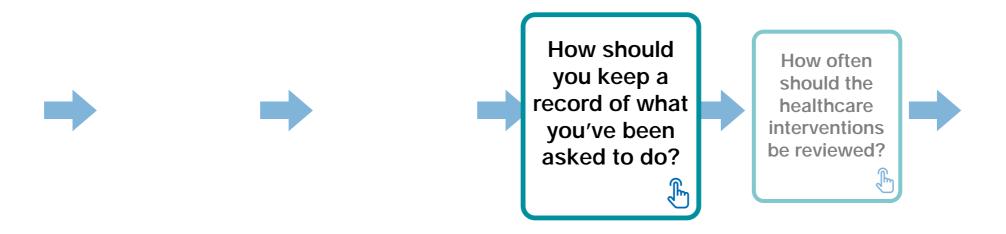
You should receive training, assessment and review speciet to the intervention and the person's needs which generally includes:

any new knowledge required

a demonstration of how to do particular interventions and understanding of the person's individual wishes and preferences to deliver digni ed and person-centred care

safe use and/or disposal of any equipment





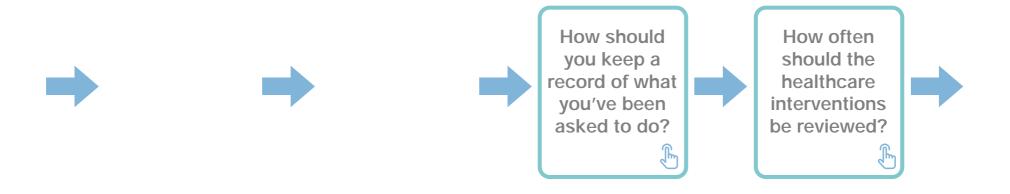
## How should you keep a record of what you've been asked to do?

Ensure you understand and are able to follow the procedures for the delegated healthcare intervention in the person's care plan.

Any risks identied should be explained to you with an understanding how to manage the risk, who to contact if you have any concerns, including out of hours support if required.

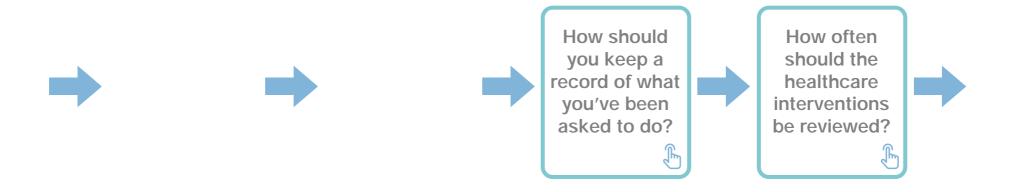
Record your activities as directed by the healthcare professional and your organisation. For example, this could be completing a specied chart and how to monitor this as agreed with the healthcare professional.





The delegating professional is responsible for ongoing clinical review arrangements. This should be documented clearly in the care plan along with who to contact for advice and reassessment, particularly if the person's needs are known to regularly change or uctuate.





A delegated healthcare intervention is a shared health responsibility and you or your manager must not be required to make a standalone clinical judgement.

The care plan should include how to contact the relevant healthcare professional for advice and guidance, including out of hours support if required, for situations when you have concerns and what to do.

Contact your manager or out of hours arrangements if you have any concerns about:

